## **Classes for Caregivers**

Age Requirements 16-21 , 18 and over **Intake Process** Please call, email, or complete contact form on the website for more information. **Provider Refer** Yes **Report Problems** Call the Agency Self Refer Yes Insight Memory Care Center http://www.insightmcc.org/ https://www.insightmcc.org/programs/education/caregiver-classes.html https://www.facebook.com/InsightMCC/ Main (703) 204-4664 3953 Pender Drive, Suite 100 22030 VA **United States** Monday: 7:30 am-5:30 pm Tuesday: 7:30 am-5:30 pm Wednesday: 7:30 am-5:30 pm Thursday: 7:30 am-5:30 pm Friday: 7:30 am-5:30 pm Saturday: Closed Sunday: Closed Fee Structure Call for Information Languages Spoken English

Whether you're brand new to caregiving, or you just want to brush up on a specific topic, Insight Memory Care Center (IMCC) can provide caregiving classes. A variety of caregiving classes are available throughout the year, specifically geared towards family caregivers providing care for a loved one at home. Most classes are free, and open to the public. Respite care may also be available upon request. Class may be virtual, onsite, or by telephone.

To learn about current programs, please either visit the website or contact us.

Service Area(s) Alexandria City , Arlington County , Fairfax City , Fairfax County , Falls Church City , Loudoun County , Manassas City , Manassas Park City , Prince William County Email imcc@insightmcc.org