<u>Mental Health Skill-Building Services,</u> <u>Fredericksburg</u>

Age Requirements 18 and over Available 24/7 No **Documents Required** Call for details Other Eligibility Criteria Serves adults. Family Yes **Intake Process** Call for an assessment. Intake Contact Telephone (540) 710-5810 **Provider Refer** Yes Qualifications Qualification Type Licensure **Qualification Entity** Virginia Department of Behavioral Health and Developmental Services (DBHDS) **Qualification Number** 158 **Report Problems** Call the Agency Self Refer Yes Family Preservation Services, Fredericksburg Regional Office https://fpscorp.com/home-based-services/ https://fpscorp.com/adult-services/ Main (540) 710-5810

615 Jerfferson Davis Highway, Suite 101 22401 VA United States

Monday: 9:00 am-5:00 pm Tuesday: 9:00 am-5:00 pm Wednesday: 9:00 am-5:00 pm Thursday: 9:00 am-5:00 pm Friday: 9:00 am-5:00 pm Saturday: Closed Sunday: Closed Fee Structure Call for Information Languages Spoken English

Call if translation is needed

Mental Health Skill-building Services works with individuals with a clinical need arising from a condition due to a mental, behavioral or emotional illness that results in significant impairments in major life activities. The goal of Mental Health Skillbuilding Services is to provide training to adult individuals, while promoting recovery and the ability to maintain community stability in the most appropriate, least restrictive environment. Services include:

- Functional skills training;
- Activities of daily living (ADLs);
- Assistance with medication management;
- Education about and use of community resources;
- Monitoring health, nutrition and physical condition.

Service Area(s) Caroline County

Culpeper County

Fredericksburg City

King George County

Prince William County

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Spotsylvania County

Stafford County Email info@fpscorp.com