Mental Health Skill-Building, Lynchburg

Age Requirements 18 and over Available 24/7 No **Documents Required** Call for details Other Eligibility Criteria Must have a qualifying mental health diagnosis (psychotic disorder, major depressive disorder-recurrent, or bipolar disorder I or II). If an individual has another disorder (such as, but not limited to post traumatic stress disorder and anxiety disorders) they may meet eligibility requirements if a physician determines it is a significant mental illness. Additional eligibility requirements are available on the website. Intake Process Call for information. Referral forms are available on the website. Intake Contact Telephone (434) 582-1305 **Provider Refer** Yes **Report Problems** Call the Agency **Residency Requirements** The service area includes eastern Bedford County. Self Refer Yes EHS, Embrace Healthy Solutions https://ehssupportservices.com https://ehssupportservices.com/ehs-services.html https://www.facebook.com/ehs.roanoke.office/ https://twitter.com/ehs embracehs Main (434) 582-1305

17835 Forest Road, Suite A 24551 VA United States

Additional Availability Comments Call for services hours. Fee Structure Call for Information Languages Spoken English

EHS provides Mental Health Skill-Building Services to meet the needs associated directly with the mental condition itself and the accompanying issues that go along with a mental health diagnosis.

Clients work with specific clinicians who develop Service Plans tailored to address their specific and unique needs. EHS clinicians support, train and assist clients with:

- keeping psychiatric and medical appointments,
- managing and complying with medication regimens,
- accessing community resources,
- learning basic life skills and independent living skills,
- learning appropriate social skills,
- ending social isolation,
- gaining access to recreational, educational, and vocational opportunities.

Service Area(s) Amherst County

Appomattox County

Bedford County

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Campbell County

Lynchburg City