

# American Heart Association Heart Walks

Age Requirements

No Age Requirement

Intake Process

Please call or visit the website for information on dates and locations of the event.

American Heart Association

<https://www.heart.org/en/affiliates/virginia/norfolk>

Main

(757) 628-2610

Toll-Free

(800) 242-8721

4669 South Boulevard

23452 VA

United States

The Heart Walk is the American Heart Association's premiere event for raising funds to save lives from this country's No. 1 and No. 3 killers - heart disease and stroke.

Designed to promote physical activity and heart-healthy living, the Heart Walk creates an environment that's fun and rewarding for the entire family.

This year, more than 1 million walkers will participate in nearly 350 events. Your participation will help raise even more in the fight to save lives. Walk with friends, family, coworkers or strangers you'll bond with along the way.

Heart Walks in the Hampton Roads area can be found by [visiting the website](#) for dates and information.

Service Area(s)

Chesapeake City

,

Gloucester County

,

Hampton City

,

Isle of Wight County

,

James City County

,

Mathews County

,

Newport News City

,

Norfolk City

,

Poquoson City

,

Portsmouth City

,

Suffolk City

,

Virginia Beach City

,

Williamsburg City

,

York County