

## Mental Health Skill Building

Age Requirements

18 and over

Family

Yes

Intake Process

Visit the website, call the office at 1-800-716-3534

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Strategic Therapy Associates

<http://www.strategictherapyassociates.net/4436.html>

<http://www.strategictherapyassociates.net/6928.html>

<https://www.facebook.com/drake.watts/#/pages/Strategic-Therapy-Associates/16462...>

Main

(434) 237-9450

108 Duncraig Drive

24502 VA

United States

Fee Structure

Call for Information

Languages Spoken

English

Strategic Therapy Associates offers a Mental Health Skill Building Program. Work is provided with adults in their homes and in the community to provide goal-oriented training designed to restore functioning. Staff will help adults

- Maintain stability by improving life skills

- • Improve problem solving skills
- • Develop skills needed to follow prescribed treatment
- • Improve skills needed to stabilize emotions
- • Learn to access resources in the community
- • Develop skills needed to engage in positive interpersonal and social interaction

Please call for more information.

Service Area(s)

Campbell County

,

Lynchburg City

Email

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