

## Dementia Education

Age Requirements

No Age Requirement

Available 24/7

No

Other Eligibility Criteria

Varies by program.

Intake Contact

Joyce Nussbaum

Intake Contact Email

joyce@vpas.info

Intake Process

Please call or visit the website for more information.

Intake Contact Telephone

(540) 820-8567

Valley Program for Aging Services (VPAS)

<http://vpas.info/>

<https://www.facebook.com/ValleyProgramforAgingServices/>

Main

(540) 949-7141

Toll-Free

(800) 868-8728

325 Pine Avenue

22980 VA

United States

Monday: 8:30 am-4:30 pm

Tuesday: 8:30 am-4:30 pm

Wednesday: 8:30 am-4:30 pm

Thursday: 8:30 am-4:30 pm

Friday: 8:30 am-4:30 pm

Saturday: Closed

Sunday: Closed

Fee Structure

No Fee

## Languages Spoken

English

Valley Program for Aging Services offers Dealing with Dementia which is a 4-hour workshop that includes an extensive Caregiver Guide. The examples and tips shared during the workshop will increase understanding of the caregiving experience and offer suggestions for managing the daily challenges of caring for someone living with dementia.

Dementia Friends is a 1-hour session for anyone who wants to learn more about dementia, how to recognize some of the signs of dementia, and simple actions to take to interact more sensitively.

## Service Area(s)

Augusta County

,

Bath County

,

Buena Vista City

,

Harrisonburg City

,

Highland County

,

Lexington City

,

Rockbridge County

,

Rockingham County

,

Staunton City

,

Waynesboro City

Email

[vpas@vpas.info](mailto:vpas@vpas.info)