At Home With JABA

Age Requirements 60 +Available 24/7 No **Documents Required** Call for details Intake Contact Crystal Donovan Intake Contact Email athomewithjaba@jabacares.org **Intake Process** Call, email or stop in for a visit. Intake Contact Telephone (540) 872-3337 Provider Refer Yes Self Refer Yes JABA (Jefferson Area Board for Aging) https://www.jabacares.org/ https://www.jabacares.org/at-home-with-jaba https://www.facebook.com/jaba.charlottesville/ JABA (@jabacares) / Twitter Main (434) 817-5222 **Toll-Free** (833) 559-2428 674 Hillsdale Drive Suite 9 22901 VA **United States** Monday: 8:30 am-5:00 pm

Tuesday: 8:30 am-5:00 pm

Wednesday: 8:30 am-5:00 pm Thursday: 8:30 am-5:00 pm Friday: 8:30 am-5:00 pm Saturday: Closed Sunday: Closed Fee Structure No Fee Languages Spoken English

The At Home with JABA program brings our Community Senior Centers to the homes of seniors (60+). Whether they are homebound or independently navigating the community, this program has something for everyone. With different methods of interaction, JABA is able to reach seniors no matter their comfort level with technology or internet access. Covering a largely rural area with limited internet access, programming offers conference call activities and events as well as mailed activity packets. People can also participate by Zoom, Facebook, and email. An important aspect of our programming is educational and informative presentations and discussions. JABA's programming goal is to engage participants with new ideas, opportunities, and experiences to promote brain health, in addition to physical and mental health.

Service Area(s) Albemarle County , Charlottesville City , Fluvanna County , Greene County

Louisa County

Nelson County Email info@jabacares.org