

## Mental Health Counseling

Age Requirements

No Age Requirement

Family

Yes

Intake Process

Visit the website; call. A second phone number is (703) 260-8926

Report Problems

Call the Agency

Thriveworks, Sterling

<https://thriveworks.com/sterling-counseling/>

<https://www.facebook.com/Thriveworks/>

<https://twitter.com/thriveworks>

Main

(703) 348-5217

45575 Shepard Dr Suite 101

20164 VA

United States

Monday: 7:00 am-10:00 pm

Tuesday: 7:00 am-10:00 pm

Wednesday: 7:00 am-10:00 pm

Thursday: 7:00 am-10:00 pm

Friday: 7:00 am-10:00 pm

Saturday: 7:00 am-6:00 pm

Sunday: 8:00 am-5:00 pm

Additional Availability Comments

Mon-Fri:7AM-12AM

Saturday:7AM-6PM

Sunday:8AM-5PM

Fee Structure

Fee Range

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Call for Information

Payment Method(s)

Private Pay

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Medicare

Counseling, or therapy, designates a regular time in a person's life to explore their thoughts and emotions with the help of a trained professional. Thriveworks can offer counseling for the following:

- Marriage tensions
- Anxiety
- Eating disorders
- Depression
- Grief
- Obsessive-compulsive tendencies
- Addiction
- ADHD
- Life coaching
- Anger management
- Sexual issues
- Divorce recovery
- Life transitions

If you're looking for help with a mental health disorder like depression or anxiety, you might want to consider psychiatric counseling. Psychiatrists are medical doctors who specialize in treating mental illness and can view your condition from a holistic, medical perspective..

Service Area(s)

Loudoun County