Companion Care, Errands, Norfolk

Age Requirements 56-60 , 60 +Available 24/7 No Intake Process Call the office or access services through the website. Intake Contact Telephone (844) 696-2267 Provider Refer Yes **Report Problems** Call the Agency Send an Email Other Self Refer Yes Naborforce https://naborforce.com/ https://www.facebook.com/naborforce https://twitter.com/naborforce Main (844) 696-2267 **Toll-Free** (844) 696-2267 106 West Randall Avenue 23503 VA **United States** Monday: 8:00 am-9:00 pm

Tuesday: 8:00 am-9:00 pm

Wednesday: 8:00 am-9:00 pm Thursday: 8:00 am-9:00 pm Friday: 8:00 am-9:00 pm Saturday: 9:00 am-9:00 pm Additional Availability Comments There may be circumstances where you may need a Nabor outside of our stated hours and we will do our best to accommodate you. Service is available every day of the year. On certain holidays, it may be a bit harder to find an available Nabor. Fee Structure Fixed Fee Payment Method(s) Credit / Debit

Private Pay Languages Spoken English

Naborforce can provide light support around your home: Some services in the home include

- Preparing a meal;
- Helping with laundry and changing linens;
- Organizing and cleaning out;
- Help with your smartphone or other technology;
- Hanging out and visiting.

Nabors also help with errands, either with you or for you including services like grocery shopping; picking up prescriptions; or shopping for gifts. Errands may be done on a "no contact" basis. Nabors also provides transportation to medical appointments; trips to the salon; or even a "Sunday drive."

Nabors staff have helped clients repair a birdhouse, block a knitted blanket, record memoirs, and set up a meditation room. A Nabor can be of help in a variety of ways.

Naborforce does not provide any personal care. We do not assist with bathing, feeding, dressing, or toileting. Additionally, we do not provide medication

management, wound care, "safe transfers," or any other regulated activities. Should you need that level of care, please contact a home care agency.

Please call for more information:

- Charlottesville (434) 424-1500,
- Richmond (804) 500-6227
- Virginia Beach (757) 317-5500.

Service Area(s) Chesapeake City

Norfolk City

Virginia Beach City

Williamsburg City

York County Email <u>hello@naborforce.com</u>