

Find Resources for You

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Disability Resources

Disability Resources

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Senior Resources

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Veterans Resources

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My Life, My Community

My Life, My Community is an online tool that helps people with developmental disabilities (DD) and their families answer basic questions about services and supports.

[Learn More](#)



Recent VirginiaNavigator Articles

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Featured Article

[**Walk with Ease Program**](#)

The Arthritis Foundation Walk with Ease (WWE) program is designed to help people living with arthritis better manage their pain and is also ideal for people without arthritis who want to make walking a regular habit.

[Read More](#)

Image



Article

Brain Health and Dementia Fact Sheets | Infographics

The Virginia Department of Health, Department for Aging and Rehabilitative Services, and Dementia Capable Virginia have developed an array of brain health and dementia fact sheets and infographics for consumers and providers.

Source

[Virginia Department of Health](#)

Article

VA Home and Community Based Services

There are a range of VA home and community-based services to support eligible Veterans and their Caregivers.

Source

[U.S. Department of Veterans Affairs](#)

Article

VA Dental Insurance Program (VADIP)

The VA Dental Insurance Program (VADIP) offers discounted private dental insurance for Veterans and family members who meet certain requirements. Find out if you're eligible, and how to enroll in a plan that meets your needs and budget.

Source

[U.S. Department of Veterans Affairs](#)

Article

VA Dental Care

If you qualify for VA dental care benefits, you may be able to get some or all of your dental care through VA. Find out how to get VA dental care or how to buy dental insurance if you don't qualify.

Source

[U.S. Department of Veterans Affairs](#)

Article

Transitioning Military Personnel ~ Bridge the resume gap with these 4 insightful tips

Whether it's as short as a few weeks or as long as a few months, some employers may consider a resume gap a red flag, but there are ways to bridge this gap with these helpful tips.

Source

[VA Careers](#)

Article

How to use cool features in VA's official mobile app

Learn all about how to use the VA Health and Benefits mobile app's most popular features.

Source

[VA News](#)

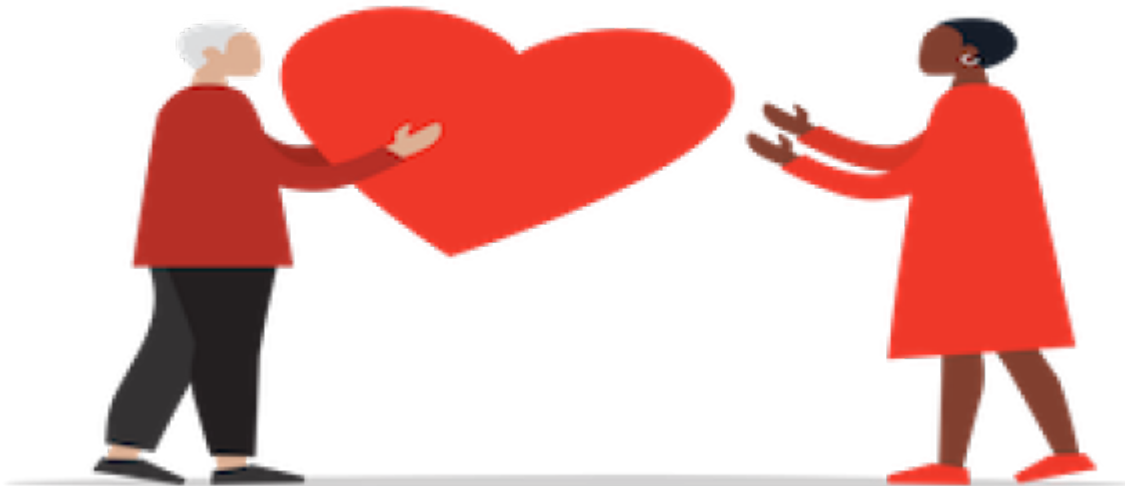
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Community Calendar

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Feb
27

[Dementia Tour](#)

10:00am - 2:00pm

Roanoke Valley

Feb
27

Training Series, Landlord Tenant Law, Online

11:00am - 12:30pm

Statewide

Feb

27

Understanding and Responding to Dementia-Related Behaviors

12:00 - 1:00pm

Danville/Martinsville Area

Feb

27

Wine, Women, and Dementia

12:00 - 1:00pm

Statewide

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