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## **Grand Caregivers: Lessons Learned While Caring for Grandparents**

With the increase in multi-generational families, grandchildren play a more prominent role in caring for their grandparents. How grandchildren care for grandparents varies considerably based on age and ability – and whether a parent is involved in caring for grandma or grandpa.

An estimated 5.3 million or 8% of all caregivers over 18, are grandchildren, according to a [report by the National Alliance for Caregiving and AARP](#).

Read the Next Avenue article [Grand Caregivers: Lessons Learned While Caring for Grandparents](#) for a personal story about grandchildren caring for their grandparents.

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