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## The Caregiver's Playbook Training Series

Date and Time Weekly on Thursday7:00 to 7:30pm for 4 times Upcoming

- Thursday 1/30/2025 7:00 to 7:30pm
- Thursday 2/6/2025 7:00 to 7:30pm
- Thursday 2/13/2025 7:00 to 7:30pm

Event URL <u>Register</u> Event Region Statewide Event Type Webinar Event Cost \$0.00 Event Description

#### Mastering the Challenges. Empowering the Journey

Caregivers are the backbone of so many families, and it's crucial they receive the support and tools they need to thrive. Join us for The Caregiver's Playbook training series starting on January 23rd at 7 PM ET. This 4-part series is hosted by @ConfessionsofaReluctantCaregiver and @ForgeHealth, and is designed for caregivers and professionals to navigate the complexities of caregiving with confidence. From practical strategies to emotional support, we'll guide you through every aspect of caregiving.

This series offers essential tools for those in caregiving roles, whether you're a professional or family member. Don't miss out on this valuable training!

Image







# THE CAREGIVER'S PLAYBOOK TRAINING SERIES:

Mastering the Challenges. Empowering the Journey.

Session 1 – Welcome to Your New Job: Caregiver, 1/23
Session 2 – Navigating Your New Role in the World, 1/30
Session 3 – Hindsight is 20/20: People, Places and Purpose, 2/6
Session 4 – Now What? Life After Caregiving, 2/13



Natalie Elliott Handy, MSW Co-Host of the Confessions of a Reluctant Caregiver Podcast

Event Image or Sponsor Logo Image

#### Scan to Register!





**Dr. Guy Maytal** Chief Medical Officer of Forge Health

